

Serum dioxin levels in former New Zealand sawmill workers 20 years after exposure to pentachlorophenol (PCP) ceased



Building Research
in Occupational Health
in New Zealand

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PCP use in New Zealand

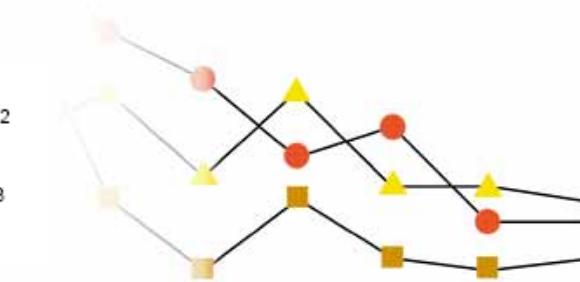
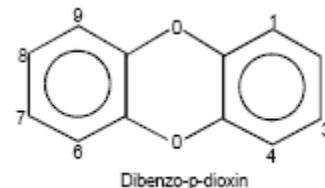
PCP was first registered for use as a fungicide to prevent the growth of sap-stain fungi in 1936.

Also mixed with oil for use as an alternative to creosote.



From the 1950s to 1988 most freshly sawn timber PCP treated.

P.O.P. - contained PCDD/Fs



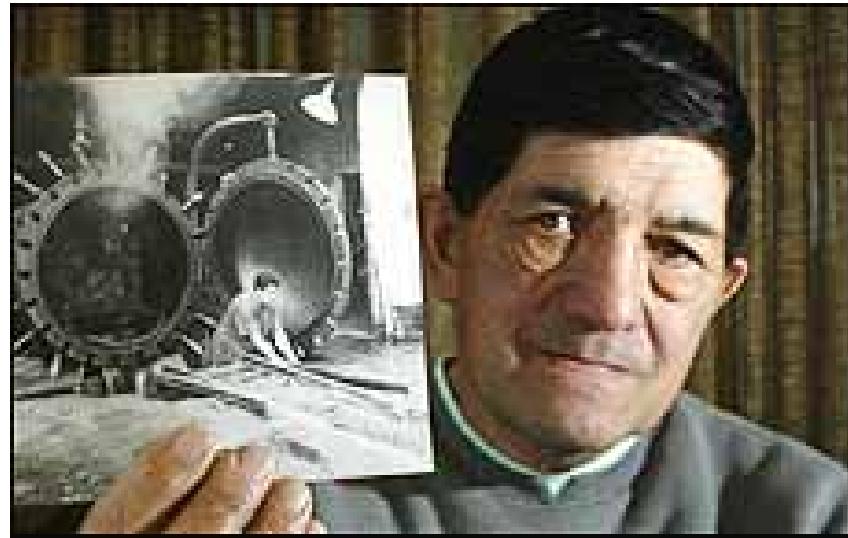


Sorting table or 'Green Chain': Waipa Sawmill



Families demand investigation into dioxin contamination

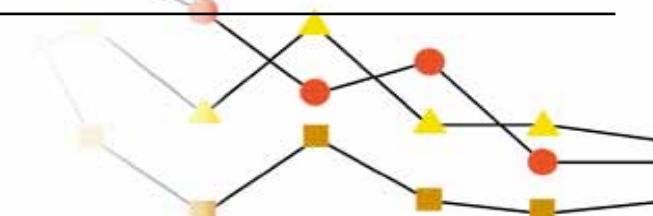
New Zealand Herald
July 15, 2003



PCP in urine concentrations in New Zealand timber workers – 1988/1989 survey.

Job Title	N	Range	GM	GSD
			(mg/l [#])	
Mixing PCP	8	0.14 -13.00	2.80	4.75
Tablehands	48	0.005 - 2.20	0.21	3.36
Graders/Sorters/Yardhands	65	0.009 - 0.73	0.04	3.06
Diffusion plant/CCA plant				
Fillets/Kilns				
Green Mill/Dry Mill	44	<0.002 - 0.20	0.01	3.66
Mobile Plant				
Total	165	<0.002 - 13.00	0.06	6.35

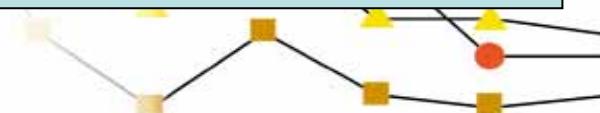
concentration in urine, corrected to SG of 1.020



Method and Aims

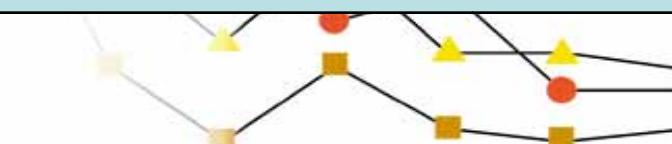
We analysed serum dioxin levels in 94 participants in a morbidity study of former sawmill workers to determine whether:

- Past occupational exposure to PCP was the source of their current body burden of dioxin, and
- To compare the specific congener profiles in PCP and workers' blood

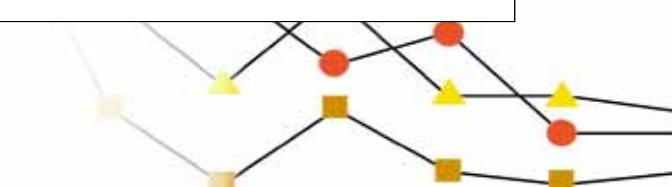
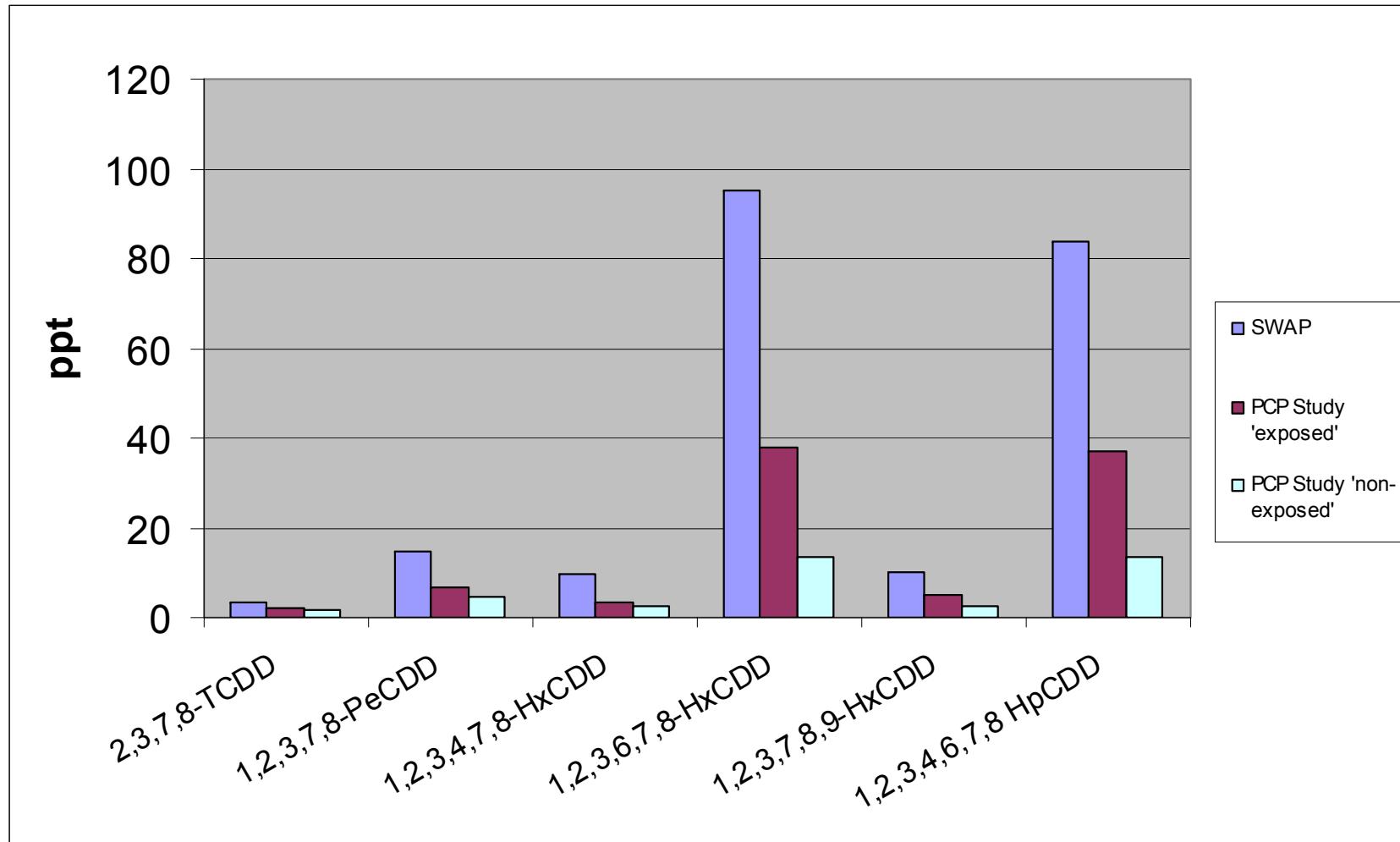


Mean levels (and range of values) in pg/g⁻¹ of selected 2,3,7,8-substituted PCDD congeners and WHO-TEQ in ‘exposed’ and ‘non-exposed’ former sawmill workers

	2,3,7,8-TCDD	1,2,3,7,8-PeCDD	1,2,3,4,7,8-HxCDD	1,2,3,6,7,8-HxCDD	1,2,3,7,8,9-HxCDD	1,2,3,4,6,7,8-HpCDD	OCDD	WHO-TEQ
‘Exposed’	1.9 0.5-4.1	5.7 1.91-32.9	3.0 0.9-21.0	29.4 6.3-343	3.8 0.9-35.3	28.5 3.7-222	309.2 63.9-2740	13.7 5.15-90.2
SWAP	3.6 0.6-9.3	14.8 2.4-18.3	9.8 2.4-18.3	95.3 21.5-285	10.0 2.7-27.4	84.0 9.3-200	917.6 184-2200	37.8 13.7-77.7
‘Non-exposed’	1.5	4.6	2.5	13.5	2.5	13.6	157.8	9.6



Mean levels in pg/g⁻¹ of selected 2,3,7,8-substituted PCDD congeners in SWAP members and in 'exposed' and 'non-exposed' sawmill workers.



PCP Exposure Score =

Job-title score + Mix + Clean Sludge + Spray

**JOB-TITLE
SCORE =**

	1	2	3	4
	Non-exposed, i.e.: Despatch Clerk Administration Logging truck drivers	Green mill Dry mill Mobile plant driver	Diffusion plant operator Orderman Grader/Sorter Yard hand Maintenance CCA plant operator Filleter Kiln operator	Tablehand

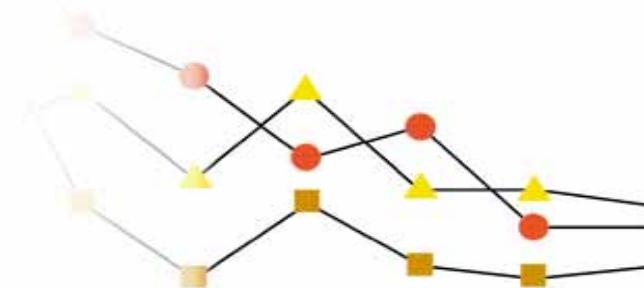
If **[MIX]** = < daily, then score = **2**

If **[MIX]** = \geq daily, then score = **3**

If **[CLEAN SLUDGE]** = < weekly, then score = **1.5**

If **[CLEAN SLUDGE]** = \geq weekly, then score = **2**

If **[SPRAY]** = with backpack sprayer on stacked timber = **2**

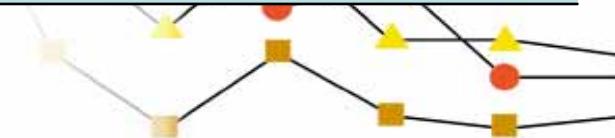


Mean excess levels of specific dioxin congeners and WHO-TEQ in 'exposed' former sawmill workers according to estimated intensity of PCP exposure

PCDD congener	Exposure intensity		
	<3 (N=27)	3-6 (N=13)	>6 (N=31)
1,2,3,6,7,8-HxCDD	8. 5	20.8	30.1
1,2,3,4,6,7,8-HpCDD	6.5	17.4	22.4
OCDD	80.5	192.6	238.4
WHO-TEQ	1.6	4.9	8.7

Mean excess in WHO-TEQ in ‘exposed’ former sawmill workers according to work tasks performed

Task	Exposed		Not exposed	
	n	mean	n	mean
Mixing PCP	20	6.99	53	1.57
Cleaning sludge from dip tank	30	4.99	43	1.71
Handling treated timber on green chain	67	3.14	6	2.19
Maintenance	18	1.79	55	3.48



Mean excess levels of specific dioxin congeners and WHO-TEQ in ‘exposed’ former sawmill workers according to years of PCP exposure in the sawmill industry

PCDD congener	Years of exposure		
	<5 years (N=40)	5-10 years (N=20)	>10 years (N=11)
1,2,3,6,7,8-HxCDD	8.5	20.8	30.1
1,2,3,4,6,7,8-HpCDD	6.5	17.4	22.4
OCDD	80.5	192.6	238.4
WHO-TEQ	1.6	4.9	8.7

Conclusions

- Randomly selected 'PCP-exposed' former sawmill workers had elevated serum dioxin levels compared with 'non-exposed' workers of the same age.
- About 10% had dioxin levels 10 to 15 times those without exposure, particularly those who had carried out high risk tasks such as:
 - mixing PCP solutions,
 - cleaning sludge from dip baths
 - pulling timber off the 'green chain'
 - working for more than 10 years in an exposed job.
- The likely source of the dioxin was the PCP encountered at work more than 20 years ago, as shown by:
 - The congener profiles which were similar to those in raw PCP
 - The exposure-dose relationships seen in internal analyses
 - The close match with the 1980s PCP in urine survey

Acknowledgements

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